



Following the successful use of a film during our Lent course last year, we are again offering a film, this time, the film 'The Theory of Everything' about the life of Steven Hawking, starring Eddie Redmayne. The Lent course is entitled – **'The Mystery of Everything'** and it is written by Hilary Brand, who also wrote the book we used last year – **"Finding a Voice."**

Based on the Oscar-winning film 'The Theory of Everything', this course deals with struggles of reason versus faith, the romantic versus the pragmatic, success and failure, the complications of relationships under pressure, and seeking understanding versus living with mystery. Daily readings present the Bible as a book struggling to make sense of life, rather than a book of absolute answers, but finding meaning in the face of mystery via the paradox of humility and trust before God. The course is designed to be studied by groups or individuals alongside the DVD of the movie. The course is based around 5 weekly group sessions entitled:

- The experience of wonder
- The enigma of weakness
- The complexity of relationships
- The encounter with frailty
- The hope beyond brokenness

Each session includes extracts from the DVD, group discussion questions and ends with a short meditation.

There are also short introductory and follow up chapters for individual reading each week, and a chapter of Bible passages for further daily reading.

We are offering the course on the following days and times:

Christ Church Rayleigh 10:00am Tuesday mornings.

Rayleigh Methodist 8:00pm Tuesday evenings.

Rochford Methodist 8:00pm Wednesday evenings. (Venues to be announced)

Hockley and Hawkwell Methodist 10:00am Thursday mornings.

There will also be opportunities to watch the whole film (note that the whole film is 2 hours long – there will be a comfort break and drinks and sweets available):

12th February 8pm at Christ Church URC

14th February 4pm at Rayleigh Methodist