

# The Link

Between you and

Hockley and Hawkwell Methodist Church



## Editor's Note

Thank you to everyone who has contributed to this issue of The Link.

The deadline for the June/July issue is **Monday 16<sup>th</sup> May**.

Please either post items to me, Ron Chidwick, or send by email to:  
[thelink@hockleyhawkwellmethodist.org.uk](mailto:thelink@hockleyhawkwellmethodist.org.uk)

Here is a QR Code link to our Church Web Site.



## Message from the Manse

Hi folks, by the time you read this, we will be continuing in our celebrations for Easter, this is a little marred this year by the violence around the world, and in particular the bombing in Brussels. We are celebrating love and redemption, forgiveness and salvation, new life and eternal life, as others are mourning the dead.

We must have hope, but what can we do?

Yes we can pray, yes we can write letters to our MP, yes we can try and campaign to help the refugees.

But there is one more little thing on offer. The charity that I went to Israel & Palestine with in 2011 is raising funds to bring 15 young people from the refugee camp in Bethlehem for a singing tour in the UK. Here is a chance for 15 young people to see what life can be like in the rest of the world. Some of these young people will be Christian, some will be Muslim, and this is a wonderful opportunity for them to experience "normal" outside of the refugee camp, and to tell their story.

Can we consider supporting this small thing either personally or as a church? Read the article, and let me know. You can also see more about it at [bit.do/alrowwadfilm](http://bit.do/alrowwadfilm)

So let me take this opportunity to wish you a blessed time as you continue to celebrate Easter. Thank you to everyone who worked so hard to pull together our Lent Course and our Easter Services.

Every blessing

*Phil Warrey (Rev)*



## beautiful resistance summer tour

WORDS & PICTURES: NICK WELSH

“ My life changed when I first left the Camp to go to France. The best thing would be for us to work together to take 15 young people from the Camp to perform in the UK.

The young people in Aida Camp believe that it is normal to throw stones, to inhale tear gas, to hide from soldiers but this is not normal.”

Abdelfattah Abusrour

Founder, Alrowwad Centre for Culture & Arts  
Aida Refugee Camp, Bethlehem

We are hoping to bring 15 young people from the Alrowwad project in Aida Refugee Camp to the UK in August 2016. Some have never been outside Bethlehem, let alone the West Bank. Please support our appeal on the back page and help make this visit happen.

**Help make 'normal' a reality**  
**Alrowwad Centre for Culture and Arts is based in Aida Refugee Camp, Bethlehem. It provides dynamic community arts projects, cultivating culture as an alternative to violence. They call this work with children, young people and women, 'beautiful, non-violent resistance'.**

As well as offering a child-centred, safe and inclusive space, the centre uses creative opportunities as a platform through which individuals can grow in confidence, express themselves and tell their stories – through theatre, dance, music, photography and film.

Frustrated, children and young people often vent their feelings by throwing stones at the watchtowers and into the Israeli army camp resulting in soldiers raiding the Camp, shooting tear gas, arresting children and firing rubber bullets and live ammunition.

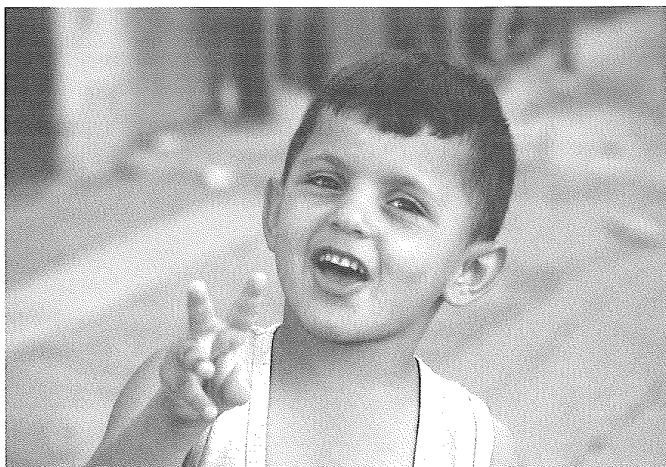
To stop children entering this dangerous and sometimes fatal game, Alrowwad's programme of 'Beautiful Resistance' inspires young people to channel their desire to resist the occupation, by being involved in creative, non-violent projects.

Amos will bring 15 young people from Aida Camp over to the UK for 3 weeks in August 2016, where they will perform at the Edinburgh Fringe Festival, at Greenbelt, in London and Bristol.

They will meet other young people and share their stories but most importantly, they will experience a new kind of 'normal'. Then they will go back and share their experiences with their own families and communities.

To watch our short film about Alrowwad Centre for Culture and Arts, please visit [bit.do/alrowwadfilm](http://bit.do/alrowwadfilm)

To help make 'normal' a reality for the young people of Aida Refugee Camp, please make a donation towards their summer tour by visiting [bit.do/alrowwadtour2016](http://bit.do/alrowwadtour2016)



A young boy comes out to meet us in a Refugee Camp in Bethlehem. August 2015

## Family News

### Welcome

To all who come to our church to join in worship, social events or any of the many regular activities; if you would like a home visit please speak to a church steward.

### Illness

Our thoughts and prayers are with all who are unwell or undergoing hospital treatment. Especially we think of Michael and Sheila Hayman, Wendy Bennett, Lilian Bains and Maureen Blake.

## Thank You

Michael and I would like to thank everyone for the wonderful collection of cards (53 in all) received on our Diamond Wedding Anniversary. They mean as much to us as the one we received from the Queen.

We were really pleased that so many friends and relations were able to join our family for the service and stay to lunch afterwards. Thanks go to Phil for reorganising his schedule so he could take the service and for allowing us to choose some of our favourite hymns. It was a treat to have Peter Bennett play for the service and during the meal. Thanks go to Olive for the wonderful cake and indeed to all who helped with the preparations and the clearing up afterwards – a real team event. The decorations and photos were brought in by our children – to our total surprise. It made a special day even more special.

Michael reminded us during lunch that his grandparents worshipped in this church, as did their three sons and their wives. His parents were married here, as we were 60 years ago. At that point there were five Mrs Deedmans in the congregation! Our three children were baptised here and went through Sunday School and brownies, guides, cubs and scouts as appropriate. We have been involved in multi-church activities ever since, through the youth club (where we met), the Sunday School, the church, the Cricket Club and the Thursday Club. So you can see why we wanted to celebrate our 60th Wedding Anniversary with all the friends we've made over the years and in the place which has meant so much to us. Thank you all.

**Kay Deedman**

## Flower Rota

1 <sup>st</sup> Sunday	Kay Deedman	202802
2 <sup>nd</sup> Sunday	Carolyn Sturgess	203964
3 <sup>rd</sup> Sunday	Anne Sains	202010
4 <sup>th</sup> Sunday	Linda Williams	204309
5 <sup>th</sup> Sunday	Linda Clarke	204559



## Easter Display

If you popped into Hockley Library recently you will have seen a special display to advertise church services available in Hockley over the Easter period. Among other things intended to remind us of the events of Holy Week, it included an Easter garden based on gardens made by children attending Brightstars and Messy Church. The display was put on in response to a suggestion made by the Library staff who, you may remember, allowed us to mount a crib scene at Christmas to reflect the true meaning of Christmas.

***Kay Deedman***

## Brightstars

We have been very busy these last few weeks leading up to Easter. Parents have been helping their children and grand children to create Easter gardens. A number of these were displayed in the church for our congregation to view. With the help of Georgina Elkington, we also made Easter nests with the children. The activities made available each Monday morning are planned to help the development of the children and to enable parents to get involved.

***Linda Williams***

## Church Council

At its February meeting, the Council:

- \* heard that the Christmas card arrangements for 2015 had raised £275, inclusive of money in the Penny Pot, enough to buy 5 bicycles under the All We Can scheme;
- \* approved a quotation of £7,109 (plus VAT) submitted by Electricare for new lighting work and the provision of electric hand-driers in the toilets;
- \* accepted an invitation from St. Peter and St. Paul to join them for a Harvest Tea on Saturday 8 October 2016;
- \* listened to Rev Phil Warrey's report on the young people's trip to 3 Generate;
- \* noted that a display of Fairtrade products would be on show during Fairtrade Fortnight;
- \* welcomed the new logo, masthead and letterhead designed by Mike Pregnall and Billy Mawhinney;
- \* discussed proposals presented by Muriel Pregnall for 'A New Way of Working' aimed at relieving the pressure on church stewards and deferred further discussion to the Annual Church Meeting.
- \* thanked Ron Chidwick, retiring from the Church Council, for his valuable contribution over the years.

***Michael Deedman***  
**Secretary to the Church Council**

## Ecumenical Meal reminder

Members of St. Peter & St. Paul have invited our congregation to tea on Saturday, 28 May, so do put this date in your diary now.

***Kay Deedman***

## We share Christ's tears for our world in all its pain

In their Easter message the President and Vice-President of the Methodist Conference remind people of hope, passion and joy in the midst of despair.

Dr Jill Barber said, "This Easter we share Christ's tears for our world in all its pain. For children drowned fleeing from the unimaginable horrors of war. For unaccompanied children in the jungle at Calais,



"The Easter message is one of ... life from death, love stronger than hate. At the moment of utter darkness, the light of the risen Christ breaks through."

The Revd Steven Wild added, "This Easter, with joy and love, may we all cry Hallelujah and encounter the risen Lord."

## Brussels' bombing: statement from the World Methodist Council

"The World Methodist Council strongly condemned the cowardly attacks at Zaventem Airport and Maelbeek station in Brussels that claimed the lives of more than 30 people and left scores injured. The impact of these attacks will be felt in every country around the world given that Brussels is the seat of European Union.



"On Tuesday 22 March, World Methodist Council General Secretary Ivan Abrahams said, 'the thoughts and prayers of members of the World Methodist Council are with the families and loved ones of those killed and injured in these despicable acts of terrorism on innocent people'. He expressed solidarity and support for the people of Belgium and appealed to all victims of terror not to respond with violence and hate but to work towards global peace."

## Looking both ways!

First of all, let's **look back** at what was on offer during Lent.

The Lent course was based on the film "The Theory of Everything", looking at the life of Stephen Hawking. The film was shown in its entirety at Rayleigh Church at the beginning of Lent, and then extracts were used each week to prompt discussion. There was a book to help, with a section to read before each session, the session itself, including the meditation, bible readings and prayers that brought each week to a close, and then a chapter to read afterwards. The questions asked were probing, but set in the context of a scene or section of the film. Those who attended found it very meaningful and enjoyable, even if the subject matter was challenging at times.

Phil suggested that those of you who did not come could tell me why, to help us to plan for another year. No men came either so we need to know if that was the subject matter, the timing or the format. You can e-mail me or whisper in my ear!

Sue Hockett led the Eggstravaganza which was very successful, with a good number of children from the Uniformed Organisations and their families. There were not many of us at the Maundy Thursday joint service which was held in the round and led by Phil. This was disappointing, especially as there was no Good Friday service, so it would be good to know what kept you away.

Easter Sunday morning service was well attended so well done, especially as we had all had less sleep because of British Summer Time. Thanks to Gill for organising breakfast and the puppet team for their hard work and dedication to rehearsing. Thanks to Phil for juggling his day so that we could have Communion. We did this differently, and I think it worked well having a continuous line taking the bread and wine. Let me know what you think, or bring your thoughts to the Worship Consultation. There were also several visitors to swell the numbers which is always a thrill.

**Looking forward,** April is a relatively quiet month in terms of services and special events, but busy for the stewards as this is the last month before the new team takes over (more info on this elsewhere in the magazine). The [hockleysteward@hotmail.co.uk](mailto:hockleysteward@hotmail.co.uk) e-mail address will stay the same, but after 1<sup>st</sup> May, it will be Margaret Byford receiving them and passing things on to you all and not me. Margaret will be leading the Worship team of Gill, Carolyn, Anne and Christine Holloway with Joyce Rae as a Vestry Assistant. Other team leaders will be looking for people to help so please be ready to say yes when they come calling!

On 1<sup>st</sup> May, which is a Sunday, I am hoping that the band will be playing, and then there will be a Worship Consultation after the morning service, followed by lunch. Put this date into your diary, so that we can discuss and develop our worship. The last two have been very useful and helped us to plan and shape the Sunday Service. The new team will also find this helpful as they take over.

On 29<sup>th</sup> May, a special service is being planned to celebrate and thank all those friends who support everything we do but are not on our lists. You all know who they are, as they come to our coffee mornings, concerts and fund raising events. They are our friends and neighbours who we invite to special days and ask to come with us to talks and craft fairs. Get your thinking caps on as a list will need to be compiled and invitations issued.

**Muriel Pregnall**  
Co-ordinating Steward.

## Wi Fi in the Church Hall



If you want to use the Church Wi Fi in the Hall you might find the signal a bit weak towards the stage. Fear not – help is at hand!

In cupboard “J” you’ll find a Wi Fi booster in a tupperware-type box. Plug it into one of the sockets in that corner of the Hall and after a minute or so it will pick up the signal from the Router in the Vestry and you should have a much better signal.



Now don’t you feel much better knowing that?

**Mike Pregnall**

## A New Way of Working

Much has been written and spoken about the problems faced by the church in identifying stewards willing to take responsibility for its overall running. The Methodist Church insists on having named members to fill those posts and we have been fortunate in the past in normally having four or five persons prepared to do so. With an ageing congregation, with many other commitments, this is proving more difficult to achieve and we are consequently embarking on 'a new way of working' to avoid any future problem on this account. The matter was considered at the Annual Church Meeting held in March 2016 and the proposals given unanimous support.

In essence, the aim is to spread the load by creating a team covering the nine main areas of activity within the church, with one person (or more) responsible for one of those activities but with corporate responsibility for the rest. This means that in the absence of a leader for any particular function or activity it will be the responsibility of the rest of the team to fill the gap. The majority of the team will be appointed stewards although some functions may be filled by a team member who is not also a steward. As stewards they will automatically have a place on the Church Council. The team appointed at the Church Meeting, together with their responsibilities, comprises:

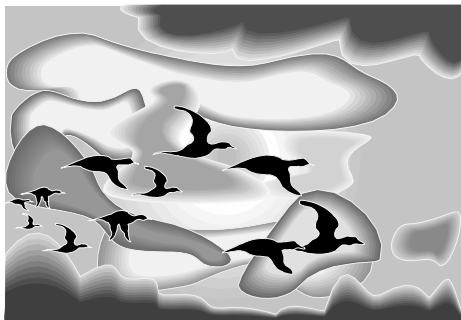
Sunday Service:	Margaret Byford, Gill Cross, Christine Holloway, Anne Sains, Carolyn Sturgess.
Communications:	Mike Pregnall
Messy Church:	Anne Sains
Brightstars:	Linda Williams
Finance & Property:	Stan Rae
Friday Clubs:	Wendy Bennett
Church Family & Pastoral	Carolyn Sturgess
Fundraising:	Linda Williams
Outreach & Social Responsibility:	Kay Deedman

Please give these members your full support during these early days of team-working which will come into effect on 1 May 2016.

**Michael Deedman**  
Secretary to the Church Council

## The Sense of a Goose

When you see geese on their annual migrations flying in a "V" formation, you might consider what science has discovered as to why they fly that way. As each bird flaps its wings, it creates uplift for the bird immediately following. By flying in a "V" formation, the whole flock adds at least 71 percent greater flying range than if each bird flew on its own. ***People who share a common direction and sense of community can get where they are going more quickly and easily, because they are travelling on the thrust of one another.***



When a goose falls out of formation, it suddenly feels the drag and resistance of trying to go it alone and quickly gets back into formation to take advantage of the lifting power of the bird in front. ***If we have the sense of a goose, we will stay in formation with those people who are heading the same way we are.***

When the head goose gets tired, it rotates back in the wing and another goose flies point. ***It is sensible to take turns doing demanding jobs, whether with people or with geese flying south.***

Geese honk from behind to encourage those up front to keep up their speed. ***What message do we give when we honk from behind?***

Finally - and this is important - when a goose gets sick or injured and falls out of the formation, two other geese fall out with that goose and follow it down to lend help and protection. They stay with the fallen goose until it is able to fly or until it dies; and only then do they launch out on their own or with another formation to catch up with their own group. ***If we have the sense of a goose, we will stand by each other like that.***

Author unknown

## From Deep Within

Methodist Women in Britain has organised a writing competition inspired by the life, writing and work of the Revd Julie Hulme.

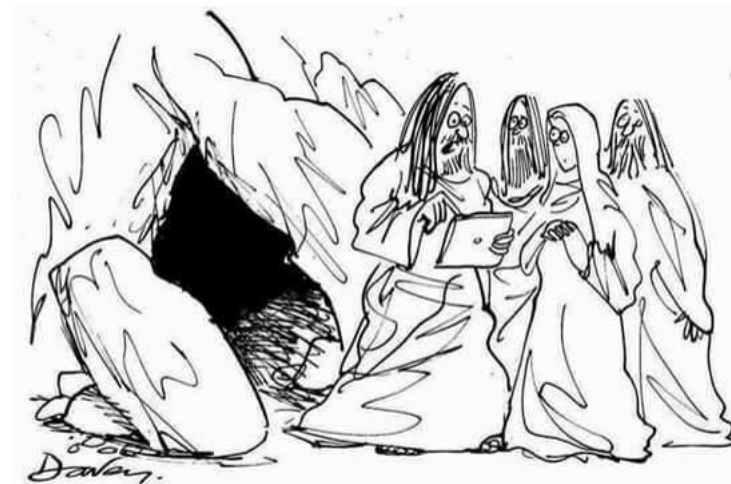
You are invited to submit a meditative or reflective piece of writing on the theme of 'From deep within' in prose or poetry, maximum 500 words. This must be an original piece of work, not previously published either in print or electronically.



The competition is open to British residents, male and female, aged 16 or over, other than relatives of the organisers or judges. You may submit up to three entries. The closing date is midnight on Sunday 15 May 2016.

There will be a prize of £150 for the winner and a runner-up prize of £50. The winner and runner-up will be announced on 4 July 2016 at a fringe event of the Methodist Conference to be held in London.

Full rules and guidelines for entrants are available on the [MWiB website](#).



"He's not in there! Oh, wait - he's changed his status to 'risen' "

## Happy Birthday Nan (Carolyn Sturgess) from Mark

**A** is for arthritis  
**B** is for bad back  
**C** is for chest pains. Corned Beef? Cardiac?  
**D** is for dental decay and decline  
**E** is for eyesight – can't read that top line  
**F** is for fissures and fluid retention  
**G** is for gas (which I'd rather not mention – and not to forget other gastrointestinal glitches)  
**H** is high blood pressure  
**I** is for itches, and lots of incisions  
**J** is for joints, that now fail to flex  
**L** is for libido – what happened to sex?  
Wait! I forgot about K!  
**K** is for my knees that crack all the time  
(But forgive me, I get a few lapses in my  
**M** (Memory from time to time)  
**N** is for nerve (pinched) and neck (stiff) and neurosis  
**O** is for osteo – for all the bones that crack  
**P** is for prescriptions that cost a small fortune  
**Q** is for queasiness. Fatal or just the flu?  
Give me another pill and I'll be good as new!  
**R** is for reflux – one meal turns into two  
**S** is for sleepless nights, counting fears on how to pay my medical bills!  
**T** is for tinnitus- I hear bells in my ears and the word 'terminal' also rings too near  
**U** is for urinary and the difficulties that flow (or not)  
**V** is for vertigo, as life spins by  
**W** is for worry, for pains yet unfound  
**X** is for X ray – and what one might find  
**Y** is for year (another one I'm still alive)  
**Z** is for zest.... **For surviving the symptoms my body's deployed and keeping 26 doctors gainfully employed.**

## Fundraising Events

We held a meeting on Monday 21st March and have arranged the following events for later this year:

**Saturday 14th May 2016** - 10.00 a.m. - 12.30 p.m. White Elephant Sale and Coffee Morning. If you are able to help in any way please contact Carolyn Sturgess or June Parkhurst. Help is needed in providing suitable items for sale or helping on the day with refreshments or manning a stall.

**Saturday 9th July 2016** - 2.30 p.m. - 5.00 p.m. Strawberry Tea. This will consist of scones, cakes and sandwiches. £5.00 per person. Please speak to June Parkhurst for further information.

**September or October 2016** on a date to be confirmed - a murder mystery play entitled "Murder at the Big Top" and is being written at present. If you would like to take part or would like to help in any way please contact either Linda or Ray Williams. This will be our fourth murder mystery play performed at our church and we will be keeping to our ever popular format. We will be performing the play on stage with our invited audience seated at their tables. Following the play we will have a short intermission. Hot meals will be served, followed by desserts. This will give our investigating teams time to discuss their suspicions. Our audience is then invited to ask questions to our surviving cast, in order to obtain further clues. It is then deliberation time and it is time to submit your "WHODUNIT" forms. Once all forms have been submitted the murder or murderers will stand up and give their confession. There will be prizes given to our most successful detectives. All this for £12.00 per person.

**Saturday 3rd December 2016** - 10.00 a.m. - 1.00 p.m. - Christmas Bazaar. We know this seems a long way off but preparations are now being put into place. For further details, or if you are able to help, please contact either Sandra Allison or Linda Williams

**Linda Williams**

# **COFFEE MORNING & WHITE ELEPHANT SALE**

**SATURDAY 14<sup>TH</sup> MAY**

**10.00 am -12.30 pm**

**At**

**HOCKLEY METHODIST CHURCH  
HALL  
MAIN ROAD  
HOCKLEY**



## **Thursday Social Club**

On Thursday 21st January we welcomed the Reverend Michael Moon and his wife to our church for the very first time. Born in Korea, Reverend Michael Moon is one of our circuit ministers and has had a most interesting life working in many places around the world including Slovakia, China, Ghana, New Zealand, Australia and the U.S.A. Photography is one of his favourite pastimes and the slide show he prepared portrayed much of his vast collection. Being a minister for over thirty years he has great affinity with everyone he meets and we look forward to seeing him at one of our Sunday services.

Our very own Jean Saunders has lived in Hockley for close on fifty years and on Thursday 4th February we met at the church once again for Jean's talk on her collection of postcards. As most of us know, Jean's husband, Ken, was very much into stamp collecting and model railways and Jean wanted a hobby of her own and that is how Jean's impressive postcard collection grew. There were many postcards of Hockley and Rayleigh depicting scenes of long ago. Bunny rabbits were also in abundance and it made for a most interesting evening.

A change from our usual Thursday meeting day as we met together on Wednesday 17th February for our annual St Valentine's lunch time meal at The Anchor public house at Danbury. Before going to The Anchor we met up at Hyde Hall for teas and coffees and a look round their extensive gardening and gift shop. We have visited The Anchor before and once again the service and the fare was exemplary. I had a starter of whitebait which was a meal in itself. For the main meal, with the many choices available, I finally decided upon a chicken curry which was an excellent selection although I struggled to finish it. I was absolutely stuffed but it is a tradition of mine when going out for a meal to always finish with a dessert. What to go for was a 64,000 dollar question but at the end of the day there was only one choice as I plumped for the cheesecake. So many of us had differing selections but we were all unanimous in saying we all had a lovely meal and a lovely time.

Another meeting at the church as we met on Thursday 3rd March for Mike and Muriel's talk on their Canal Holidays which first started way back in 1968. Mike showed us a map of the Great Britain waterway system and it surprised me how extensive it was, stretching from Cornwall right through Wales and up into Scotland. It might be described as a slow way of transport but it is certainly not as relaxing as on a beach somewhere. On our canal system there



are many locks that need to be navigated and it is not something that should be taken lightly. It is a common sight for crowds to gather in towns and villages to watch as the boats pass through the locks by operating the canal mechanism. There are a number of different locks which operate in slightly different ways. Muriel explained that there were single locks, broad double locks, staircase locks, flight locks and deep locks. Tunnels are a regular feature and these canal boats take you to parts of the country that you would not normally see. Being a Manchester City fan, I think Mike's favourite canal trip was through Manchester, a splendid view of the Etihad Stadium. If you want a different type of holiday give it a try, you don't know what you're missing.

Thursday 17th March was a visit to the home of Chris and Olive for a Games Evening. Chris and Olive always put in a lot of work in organising these games evenings and this time was no exception. Although attendance was not as high as normal everyone agreed on having a wonderful evening.

#### Next Meetings:

- 31/03/16 Roger Smith - talk at the church on "Stow Aerodrome." 8.15 p.m.
- 14/04/16 A visit to the Palace Theatre to see "Hello Dolly"
- 28/04/16 TBA
- 12/05/16 A talk by John Downer "Mind the Gap" at the church 8.15 p.m.
- 26/05/16 A garden visit to Elwy Lodge at Woodham Walter 6.30 p.m.
- 09/06/16 Queen's 90th Birthday Celebrations at home of Stan & Joyce
- 23/06/16 Strawberry Tea at home of Kay & Michael 3.00 p.m

**Ray Williams**



## Worried about your Memory?

It's happened to us all at some time or another. You can't put a name to a face. You forget where you put your keys. You can't remember where you parked the car. Most of the time such slips are a nuisance rather than a sign of something more serious.

However if you are worried that your memory is getting noticeably worse or if memory loss is beginning to affect your everyday life or someone's you are concerned about, it is worth seeking advice. It is important to seek advice because there are many diseases that can cause memory loss and confusion not just dementia. It may be a condition very easily treatable e.g. a thyroid problem, hyperparathyroidism or undiagnosed diabetes, etc.

Dementia affects everyone in different ways. As well as problems with memory, other signs can include feeling confused even when in a familiar environment, problems thinking things through and finding it hard to follow conversations.

You should seek advice without delay if your memory is having an impact on your daily life:

Make an appointment to visit your GP  
Visit [alzheimers.org.uk/memoryworry](http://alzheimers.org.uk/memoryworry)  
Contact our Southend office on 01702 345156/343121

The Alzheimer's Society provides a range of free support and services for people with dementia, their families and carers.

#### Alzheimer's Society Support & Services:

Our Dementia Support Workers will give you expert practical advice and support to help you understand dementia, cope with the day-to-day challenges it brings, and prepare for the future. This includes helping you to access other support services. Our aim is to help you feel supported, and maintain independence, choice and control over your life.

Our Advocacy workers provide legal support.

#### Carer Information and Support Programme.

A series of workshops for people caring for a family member or friend with dementia.

Activity Groups – Sleep deprivation in Carers is a big issue. Staying active during the day will enhance the chances of a full night's sleep.

We run a variety of free groups offering entertainment, games or reminiscence to help you keep active doing the things you like in a friendly and supportive environment.

2pm – 4pm Motivational Men's Group every Tuesday.  
2pm – 4pm Memory Group 1<sup>st</sup> and 3<sup>rd</sup> Wednesday in the month.  
2pm – 4pm Activity group every Thursday.  
2pm – 4pm Singing for the brain first 4 Friday's in the month.

#### Dementia Café

A place for people with dementia and their carers to share information and experiences, or to simply have a cup of tea and a chat. Please call for details.

#### Peer support

Support groups for people with dementia or carers and families. Please call for details.

If you would like more information about any of our services, please get in touch. Telephone No: 01702 345156/343121

## Rochford Methodist Church

As you will have read, either in Rochford's magazine or the Superintendent's Circuit newsletter, talks are in progress with Rochford Community Church about working closely together for the good of both churches.

Please refer to Rochford Methodist's website: [www.rochfordmethodist.org.uk](http://www.rochfordmethodist.org.uk). or look on the table at the back of our church for a copy of their magazine to obtain more information.



## 2016 PROGRAMME

Here's the programme for April & May in 2016 – as we said in the last Link we thought we'd have a "Retro" year, going back and doing some of the walks we've enjoyed over the years.

### PLEASE PUT THE DATES IN YOUR DIARY

These details are also on the Church Calendar at

<http://www.hockleyhawkwelldmethodist.org.uk/>

**Thursday 21<sup>st</sup> April - Hockley Woods & Edwards Hall - 5 miles**  
Start at The Bull with a pub lunch at noon. Walk through the Woods to Edwards Hall and back

#### Monday 30<sup>th</sup> May - Woodbridge

Spring Bank Holiday

Another visit to the Cogars; pub lunch and walk then tea chez Cogar. Details later, probably leave the Church Car Park mid-morning

Please make sure you have sturdy walking shoes (not "fashionable" trainers) or boots, plus waterproofs and something warm to wear. Always bring something to drink. All these walks are fairly straightforward but any activity like rambling (even the inactive variety!) needs care so please watch what you're doing and keep an eye on any young people.

Contact Mike or Mu Pregnall on 01702 204748 or e-mail [mumic@pregnall.freemove.co.uk](mailto:mumic@pregnall.freemove.co.uk) if you want further details of any of these walks or need a lift.



## Anagrams of Easter Hymns in the last issue – could you solve them?

1. FRAILS YEARN HEALTHIER WAGE
2. HOI GREEN VALLEY THAW
3. HOLY BETTING HERE
4. CHILDS STORIES DITHER ON TRAY
5. WOLVING MONKEYS ON SUN
6. FEELY CHAMP HEAVES A REBEL MOON BUS

### Here are the answers:

- 1) THERE IS A GREEN HILL FAR AWAY
- 2) LOW IN THE GRAVE HE LAY
- 3) THINE BE THE GLORY
- 4) CHRIST THE LORD IS RISEN TODAY
- 5) MY SONG IS LOVE UNKNOWN
- 6) FROM HEAVEN YOU CAME HELPLESS BABE



## WEEKLY ACTIVITIES

<b>SUN</b>	Morning Worship Children's activities every Sunday	10.30 am 10.20 am
<b>MON</b>	Brightstars Parent & Toddler Group <i>contact Linda S 204309</i> Ballroom Sequence Dancing: IN THE HALL <i>contact Fay 01268 780028</i> Triple H Community Choir: IN CHURCH <i>contact Ashley 07581390448</i>	9.30 – 11.45 am 7.30 – 10.00 pm 7.30 – 9.30 pm
<b>TUE</b>	Dru Yoga Class: <i>contact Ruth on 07818599183</i>  Hockley Ladies Keep Fit Club: <i>contact Roselle 07709349695</i> Messy Church (3 <sup>rd</sup> Tuesday each month) <i>Contact Anne S 202010</i>	10.00 – 11.30 am & 7.30 – 9.00 pm 12.00 – 1.00 pm 4.00 – 5.30 pm
<b>WED</b>	50+ Keep Fit: <i>contact Julie 07912622483</i> 50+ Stretch & Tone: <i>contact Julie 07912622483</i> Dru Yoga Class: <i>contact Ruth on 07818599183</i> Bible Study followed by a Communion Service 2 <sup>nd</sup> Wed., <i>contact Anne S 202010</i> 2nd Hockley Brownie Pack: <i>contact Vivienne S 204550</i> Badminton Club: <i>contact Wendy S 200484</i> Gospel Rocks Choir (in Church) <i>Contact: Hannah Conacher <a href="mailto:gospelrocksc@gmail.com">gospelrocksc@gmail.com</a></i>	10.30 – 11.30 am 11.45 – 12.30 pm 2.00 – 3.30 pm 3.00 – 4.00 pm 5.30 – 7.00 pm 7.30 – 9.30 pm 8.00 – 10.00 pm
<b>THU</b>	PIYO [Pilates /yoga <i>contact Rachel Yates 07990513413</i> U3A Floral Art Group, <i>contact Irene 202975, last Thursday</i> 1st Hockley Beaver Colony: <i>contact Jane S 203739</i> 1st Hockley Cub Scout Pack <i>contact Dan, 07802 193936</i> or email <a href="mailto:Hockleycubs@yahoo.co.uk">Hockleycubs@yahoo.co.uk</a> Thursday Social Club: <i>contact Joyce S 201635</i>	9.30 – 10.30 am 1.30 – 4.30 pm 5.15 – 6.15 pm 6.30 – 8.00 pm 8.0pm, alternate weeks
<b>FRI</b>	Pilates, <i>contact Tracy Bateman, contact 07916954966</i> Friday Club (years 3-7) <i>contact Wendy S 200484</i> Friday Club + (years 7 & upwards) <i>Contact Rev Phil Warrey 01268 770333</i>	9.15 – 10.45 am 6.00 – 7.30 pm 6.45 – 8.15 pm

**Minister:** Revd. Phillip Warrey **Tel:** 01268 770333 **Mobile:** 07917077785  
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